

# Exelement Brings Back the Successful Mountain Boarding Day



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Redhill, May 2010 - Last year during the month of September, Exelement held the extremely popular Mountain Boarding Day. During a whole day, a throng of people from all ages gathered on the slopes of Redhill in Surrey to learn the ropes of mountain boarding and even compete in the numerous events held during the afternoon. The event also



included a group BBQ (a crowd puller for certain, no one says no to good food!) and finished off with a prize ceremony that highlighted the best performances of the day (including the coveted King of the Slopes title.) Exelement is taking all the things that worked from last year's event and plans to bring them back for a smashing Mountain Boarding Day 2010.

**Coming Back for the 2010 Edition**

The sun rises once again this year and with warmer days and enjoyable breezes Exeement has decided to bring back the successful Mountain Boarding Day. This new edition of the event will be held during July the 24th, about two months earlier than the one last year. Aficionados and impatient Exeement fans should be happy to know that the event that defined family-friendly mountain boarding action will be back and better than ever.



According to the company, the organizers have gone to great lengths to create a better rendition of last year's event and are planning a number of surprises that will be the delight of newcomers and veterans alike. Once again, the Mountain Boarding Day welcomes both beginners and veterans of the mountain boarding arena

to a day filled with competitions, training sessions and many more. Every participant is more than welcome to participate in the group training lessons carried out by mountain boarding professionals that will cater to each individual's skill level. After a morning of practice everyone is treated to the fantastic BBQ where you can eat to your heart's content; don't eat too much, though, because the competitions start in the afternoon. And, to top off an amazing day, a show held by some of the most prominent mountain boarding figures in the UK will be held after the competitions. These pros will ride their boards to the limit and will show you the extreme tricks of the trade that put them at the top of their game.

If you wish to find more information about this or any other event held by Exeement (Extreme Element), you can check out their website at <http://www.exeement.co.uk> Tickets for the [Mountain Boarding Day 2010](#) can be purchased through their website or by phone.

**mountain  
An Inexpensive Sport**

**boarding**

On a recent interview David Compton commented on the costs of getting into mountain boarding. According to Mr. Compton, the sport is particularly low on its entry costs (compared to, say, [Ferrari driving](#)); if you look around, it should cost you no more than 300 pounds to get all the basic equipment you need to get going. There are not many things you need to get started: safety gear includes a helmet, both elbow and knee pads, and wrist guards to save your wrist in case you fall. The full set-up should cost you no more than 50 pounds provided you search for the best price. The board itself is the most expensive equipment and a brand new beginner board can range from 100 to 250 pounds in cost.

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